



## About the Procedure

### WHAT TO EXPECT AFTER LINQ SI JOINT STABILIZATION SURGERY

Surgical outcomes and post-surgical results vary. Please talk to your doctor about what to expect and if you have any questions about any stage of the SIJ treatment.

If your doctor has recommended minimally invasive SI joint fusion with LinQ, your next questions might be: What is the LinQ SI joint fusion recovery time? How soon will I be back to work after LinQ surgery? What are my limitations after LinQ surgery?

Here we've outlined what patients often experience on the day of and the weeks following LinQ surgery.

### DAY OF SURGERY

Sacroiliac (SI) joint fusion is a surgical procedure performed in an operating room, with either general anesthesia or MAC (monitored anesthesia care). The LinQ Implant System, a minimally invasive surgical (MIS) procedure, requires a small incision (about one to two inches long), in the lower back.

The LinQ procedure involves the insertion of a small bone allograft implant in the SI joint and is designed to stabilize and fuse the SI joint. This procedure is done through a single, small incision in your lower back and is usually completed in less than one hour.

Most patients go home the same day they have the LinQ procedure and are free to leave as soon as they have recovered from anesthesia.

### AFTER THE MINIMALLY INVASIVE LINQ SURGERY

The whole LinQ SI procedure usually takes less than an hour, and recovery time is significantly less than most conventional SI Fusion Surgeries. In a typical situation, patients walk out of the hospital or surgery center soon after they have recovered from anesthesia. There are some light restrictions and your surgeon will arrange a follow-up visit to assess your progress and health status (including the status of your incision) and may take additional x-rays of your surgical site if necessary. When you return to work and resume other activities will depend on your postsurgical progress and occupation.

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## What is LinQ™?



**Actual Implant Size**

The LinQ SI Joint Stabilization System provides SI joint dysfunction patients with a safe, minimally invasive solution to combat pain. After a thorough diagnostic process, physicians can help alleviate, and in many cases eliminate, chronic pain by placing a single LinQ allograft into the SI Joint. This single implant helps patients immediately regain joint stability – and with its large graft window, the LinQ SI Joint Stabilization System helps create an ideal environment for long-term fusion.

## The LinQ procedure offers several benefits compared to traditional SI Joint surgery.

- Safe posterior approach away from nerves and large blood vessels
- Minimally invasive
- No metal implanted
- Fast Recovery Time
- Proven Effective Results



**Approximate Incision Length**